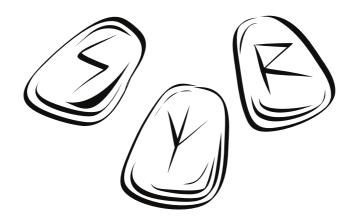


#### THREE-CARD SPREADS

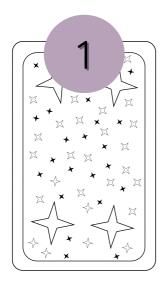
A three-card spread is simply a layout consisting of three rune cards or runes engraved on stone, wood, or any other material. Readers typically arrange cards in a horizontal line and read from left to right. However, non-linear patterns can also be explored.

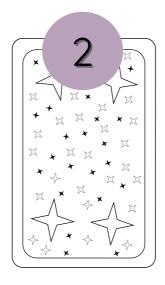
Your method of setting intentions, shuffling, and pulling runes should be unique to you. When practicing, don't be afraid to try out different techniques to see which one works the best.

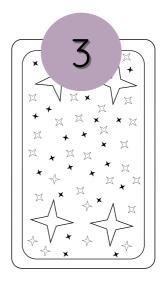
Three-card spreads are suitable for beginners and are sufficiently advanced if you want to use more than one card spread.



# **OUTCOME SPREAD**







or

What is the first possible outcome of this situation?

> Example of the card received: Hagalaz. Change, destruction of the old, old foundations falling apart.

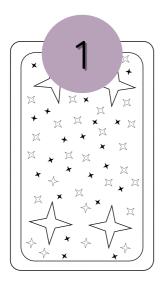
What is the second possible outcome of this situation? 2

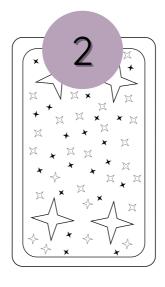
Example of the card received: Tiwaz. Challenges mastered, victory achieved.

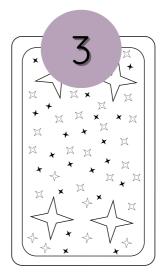
spot. What factor, unseen influence, affects this outcome? Example of the card received: Raidho. Many things are changing all at once. A journey is needed to grow, the outcome will depend on the growth achieved.

Blind

# SELF-REFLECTION SPREAD



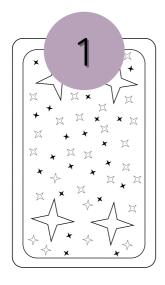


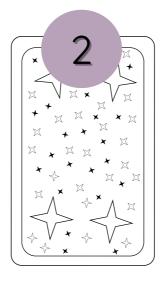


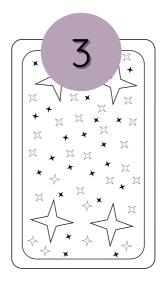
- Your **strengths** (or the strengths of the person you are asking about) (in relation to a specific circumstance, or in terms of an opportunity to develop).
- Your **weaknesses** (or the weaknesses of the person you are asking about) (in relation to a specific circumstance, or in terms of an opportunity to develop).
- Your **potential to grow** (or the potential of the person you are asking about) (in relation to a specific circumstance, or in terms of an opportunity to develop).

## CHECK-IN WITH YOUR\* NEEDS

\*or the person you are inquiring about







1

### The needs of your body.

Example of the card received: Waning Crescent. The body requires rest.

2

#### The needs of your mind.

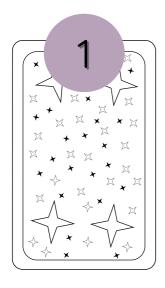
Example of the card received: Waning Gibbous. The mind calls for introspection, possibly reconsidering things for which to be grateful. Mindfulness is required.

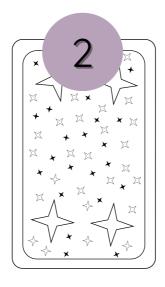


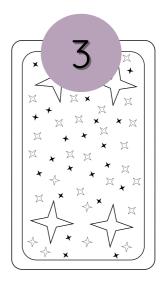
#### The needs of your soul.

Example of the card received: Hagalaz. The soul must either overcome mundane stagnation or go through a breakthrough. It calls for the elimination of negative aspects and the achievement of positive outcomes.

# INSPIRATION SOURCE







# Source of inspiration.

1 E

Example of the card received: Helheim. The source of inspiration is found in the dark emotions, sadness, grief, shadow self, or shadows of others.

#### How to channel it.

2

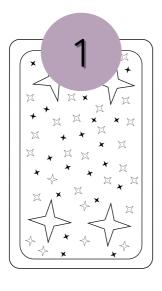
Example of the card received: Niflheim. To channel it look past the veil. See through the mist and fog. Connect with the shadows and see beyond them.

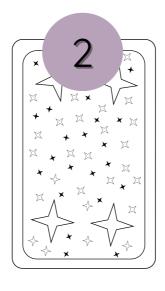
#### Where to direct it.

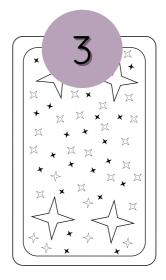
3

Example of the card received: Perthro. Direct it to spiritual practices. Mediumship. Shadow work. Expression of mysticism through arts.

# CREATIVE BLOCK







- 1 What is blocking creativity?
- What action (or habit) should be stopped in order to get past this block?
- What action (or habit) should be started in order to get past this block?

## **MULTI-CARD SPREADS**

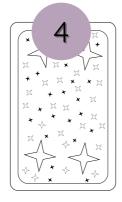
A multi-card spread is a layout consisting of more than three rune cards or runes engraved on stone, wood, or any other material. Runes can be arranged in various ways, not just in a horizontal line.

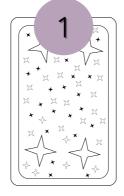
You should develop your own routine for setting intentions, shuffling, and pulling runes. Don't be afraid to experiment with different methods during practice to find what works best for you.

Multi-card spreads are most suitable for advanced readers, but can also be used by beginners.



# ELEMENTAL SPREAD



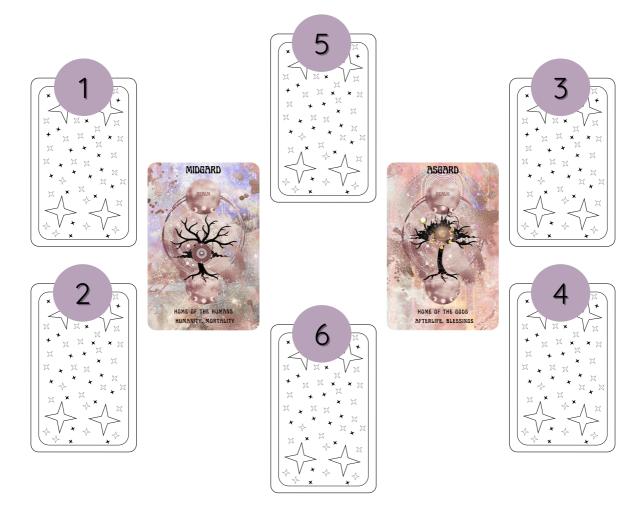






- 1 Earth element. Represents material aspects.
- Air element. Represents thoughts, and communication.
- Fire element. Represents passions and goals.
- Water element. Represents emotions, feelings, and intuition.

## MIDGARD - ASGARD SPREAD



Take two cards from the deck: Asgard and Midgard. Use the rest of the deck or just the runes for the other cards (you can always use just the rune cards for any spread if you prefer).

Midgard represents your earthly life. Asgard reflects your Higher Self.

- 1-2 Cards represent your human journey, and your purpose (or what you are currently dealing with, and what you need to understand about 3D currently).
- Cards represent your soul's journey. What your Higher Self wishes you to know. This reaches far beyond your earthly experience.
- Cards are a reflection of how your conscious and subcounsious selves merge. This is the point at which your mortal life and your immortal soul collide.

# MIDGARD - ASGARD SPREAD EXAMPLE READING

KEEP IN MIND THAT THESE EXAMPLE READINGS ARE VERY BRIEF

















1-2

Jera and New Moon. These two cards represent the purpose (you can read the purpose of the entire life or a specific situation). So, briefly, this means, dealing with karma and understanding karmic cycles. Needing to plant seeds that will yield rewards and harvest. Releasing karma from previous lives and beginning again with new intentions. This also speaks of a very abundant earthly life if karmic laws are followed.

3-4

Waxing Gibbous Moon and Kenaz. The soul has reached maturity. Enlightened and wise. However, because existence is a never-ending learning experience, there are still things that the soul needs to know and understand.

5-6

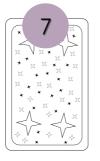
Gebo and Mannaz. Understanding the Divine through the human mind. The Soul, the Higher Self, wishes to share the accumulated knowledge with the 3D world. The mission is to spread the Higher knowledge, and help others heal, or help them find their own unique ways. Overall, kindness and Divine connection are major themes of this life due to the soul's maturity and clean karma slate. Happy soulmate connection is in the cards as well.

# PROBLEM SOLVING SPREAD

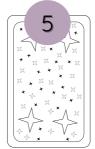








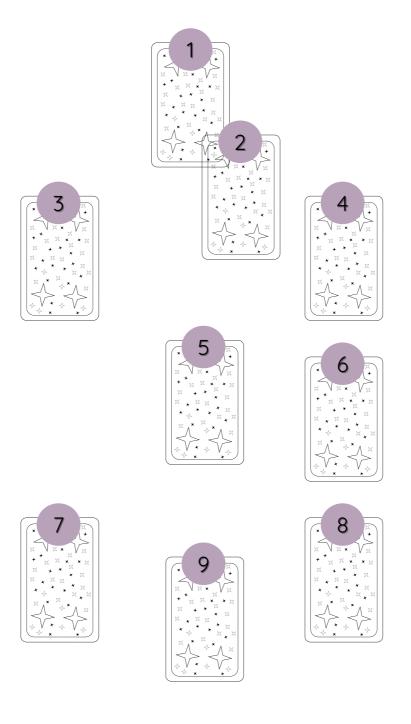






- 1 Problem.
- Blind spot (what's hidden?)
- 2 Internal influence.
- 5-6 Advice.
- 3 External influence.
- 7 Outcome.

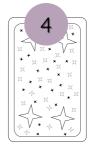
# NINE WORLDS SPREAD

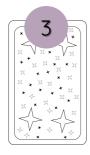


# NINE WORLDS SPREAD ALTERNATIVE LAYOUT



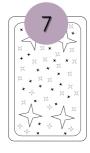
















- **Asgard**. Our Higher Self and possible future that we can create for ourselves. Divine connection, blessings. Corresponds to the Crown Chakra.
- Alfheim. Our ability to create and manifest, find solutions to problems. Thought becomes the highest power. Also represents our spiritual support, our guides. Corresponds to the Throat Chakra.
- **Vanaheim**. Our emotions and feelings. Also, psychic abilities, mystical support. Can correspond to Third Eye Chakra
- Jotunheim. Our desires, addictions, things we ignore. Lack of material and spiritual resources. Corresponds to (usually "unbalanced") Sacral Chakra.
- Midgard. Our humanity. Self-empowerment and self-realization. Our highest potential in this life. Our interactions with others, our empathy, and our beliefs about humanity. Corresponds to the Heart Chakra.
- **Svartalfheim**. Our spontaneity, our inspired actions to master something. Corresponds to Solar Plexus and Sacral Chakras.
- 7 **Niflheim**. Our illusions and confusions. Things that are in the shadows.
- **Muspelheim**. Our strength, instincts, and passions. Passionate love or lust. Something that drives us, but can also consume and destroy us.
- 9 **Helheim**. Our unconscious. Inner psychological conflicts, supressed memories. Corresponds to the Root Chakra.

### ALTERNATIVE LAYOUT

- Muspelheim. Our strength, instincts, and passions. Passionate love or lust. Something that drives us, but can also consume and destroy us.
- 8 Svartalfheim. Our spontaneity, our inspired actions to master something. Corresponds to Solar Plexus and Sacral Chakras.

PLEASE CONSULT THE GUIDEBOOK FOR MORE IN-DEPTH INTERPRETATIONS OF THE NINE WORLD CARDS.